Applied Suicide Intervention Skills Training

ASIST is a two day interactive workshop that prepares caregivers to provide life-assisting suicide first aid interventions using the Pathway for Assisting Life model.

Learning outcomes

Following the training you will be better able to: -

- Identify people who have thoughts of suicide
- Understand how beliefs and attitudes can affect suicide interventions
- Help the person with thoughts of suicide to recognise turning points which connect them to life
- Complete a safety assessment and help the person to develop a safe plan

Please note that taking part in suicide prevention training can be challenging, especially if you have been personally affected by suicide.

If you have recently been bereaved by suicide, or experienced a recent suicidal crisis yourself, this may not be the right time for you to take part in the ASIST programme. If you have queries regarding this please contact Clare.Flynn@belfasttrust.hscni.net

DATE: Thursday 10th & Friday 11th December 2026
(you must attend both full days)

TIME: 9am - 5pm

VENUE: Knockbreda Wellbeing and Treatment Centre, 110 Saintfield Rd, Belfast, BT8 6GR

To register please visit: ASIST Suicide Intervention Training 10th & 11th December 2026 – Fill in form

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HEALTH IMPROVEMENT TEAM