

DRUG AND ALCOHOL SUPPORT SERVICES BELFAST HEALTH AND SOCIAL CARE TRUST AREA

This publication can also be downloaded from www.drugsandalcoholni.info

SERVICES FOR ADULTS

Community Drugs Programme

One to one and family support, auricular acupuncture, mentoring and onward referral service.

Open Access

Falls Community Council

☎ 028 9020 2030

Reach Out

One to one support for alcohol and/or drug misuse (and other associated issues).

Open Access/Self Referrals Accepted

Extern

☎ 078 4110 2958

☎ 07442646945

✉ reachout@extern.org

Low Threshold Services

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

Open Access/Self Referrals Accepted

BHSCT Drug Outreach Team

☎ 028 9504 1433

Extern Alcohol Housing Support Service

☎ 028 9033 0433

Community Based Adult Services

One to one therapeutic treatment and support service for those aged 18+ misusing alcohol and/or drugs. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

Inspire Addiction Services

☎ 028 9066 4434

Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

GP/Health Professional Referrals

Woodstock Lodge, BHSCT

☎ 028 9504 2900

Residential treatment is accessible through the statutory addiction service.

Residential Addiction Treatment Centre

6 week residential programme.

GP/Addiction Service Referrals

Carlisle House

☎ 028 9032 8308

For more detailed information on services available in your HSCT area visit:

www.drugsandalcoholni.info



"Addressing drugs and alcohol together"

For further information on mental health and emotional wellbeing services visit:

www.mindingyourhead.info/



YOUNG PEOPLE/FAMILY

Belfast Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

Extern

☎ 074 3680 8425

Community Drugs Programme

Drug and alcohol education and awareness programmes, accredited and non-accredited, targeted at young people and/or parents.

Open Access

Falls Community Council

☎ 028 9020 2030

Reach Out

One to one support for alcohol and/or drug misuse (and other associated issues).

Open Access/Self Referrals Accepted

Extern

☎ 078 4110 2958

☎ 07442646945

✉ reachout@extern.org

Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

Targeted at At-Risk/Vulnerable Groups

LYMCA

☎ 028 9267 0918

Steps to Cope/ Hidden Harm

For young people aged 11-25 who have been impacted by parental substance use and mental health problems.

Open Access/Self Referrals Accepted

ASCERT

☎ 0800 2545123

🌐 www.ascert.biz

✉ stc@ascert.biz

DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

Start 360 & ASCERT

☎ 028 9043 5810

🌐 www.start360.org

Pharos

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

Social Services/Addiction Services Referrals

Barnardos

☎ 028 9066 3470

DAMHS (Drug and Alcohol Mental Health Service)

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

GP/CAMHS Referrals

BHSCT

☎ 028 9504 0365

SPECIFIC GROUPS

Needle and Syringe Exchange Sites

Please note NSP Direct is now available across Northern Ireland and can be accessed using any postcode. This is an independent, free, confidential service which discreetly delivers injecting equipment directly to your door. Access to this is at:

🌐 www.exchangesupplies.org/nspdirect

Maguire Pharmacy

📍 3 Beechmount Avenue

☎ 028 9032 0590

Chemist Connect

📍 59 High Street

☎ 028 9023 1002

Extern NSES

📍 102 Royal Avenue, Belfast

☎ 0800 085 8426

Street Injecting Support Service (SISS)

(inc. needle exchange)

Extern

📍 Extern NSES, 102 Royal Avenue, Belfast

☎ 080 0085 8426

Removal of Drug Related Litter (Needle Finds)

Belfast City Council

☎ 028 9027 0469

BHSCT Drug Outreach Team (inc. needle exchange)

☎ 028 9504 1433

Extern NSES

📍 102 Royal Avenue, Belfast

☎ 0800 085 8426

Group Support

Call or go online to find a meeting near you:

Alcoholics Anonymous

12 Step Programme/Group Meetings

☎ 028 9035 1222

🌐 www.alcoholicsanonymous.ie

AlAnon

Group Support for Family Members

☎ 028 9068 2368

🌐 www.al-anonuk.org.uk

Alateen

Group Support for Teenagers

☎ 028 9068 2368

🌐 www.al-anonuk.org.uk/alateen

Narcotics Anonymous

12 Step Programme/Group Meetings

☎ 0300 365 1010

🌐 www.na-northernireland.org

ASCERT Regional Service Users Network

Empowering the voice of people with lived experience of substance use

☎ 08002545123

✉ info@ascert.biz

🌐 www.ascert.biz

Community/Stakeholder Support

Belfast Drug & Alcohol Coordination Team/ Connections Service (BDCT Connections)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

☎ 028 9084 0555 (Extern)

✉ connections@bdact.info

🌐 www.drugsandalcoholni.info

Workforce Development Training Programmes

A range of drug and alcohol training courses for those working with adults, children and young people.

ASCERT

☎ 0800 254 5123

✉ training@ascert.biz

🌐 www.training.ascert.biz

In Crisis? Call

Lifeline

FREE 24/7 HELPLINE

0808 808 8000