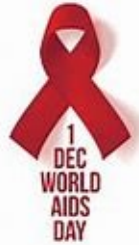


# THE BIG RED WALK



Join in with the Health Improvement Team, Belfast Trust on  
Friday, 1st December 2023 and take part in the

## BIG RED WALK



**To Rock The Ribbon on World AIDS Day**  
**Showing your support for people living with  
or affected by HIV**



**WHEN** Friday 1st Dec 2023

**WHERE** **Either: Join the Health Improvement Team at 12.45** at Knockbracken Health Care Park:  
Meeting at the front door of the Admin Building **OR**  
**Do your own BIG RED WALK**, anywhere and anytime that suits you - it's your choice!  
Please do stay safe!

**HOW** Register your intention on: <https://forms.office.com/e/ac8zhuEEzv>

And whether at the organised walk or on your own:  
Wear a **RED** ribbon, or something **RED**: enjoy the fresh air  
and exercise, and help raise awareness of HIV.

**Take a selfie and share it on your social media and email it to:**  
**Shealth.team@belfasttrust.hscni.net**



**Please join with us, get walking, and wear your red ribbon with pride!**

**To find out more and think about how to prevent HIV:**

General Information on [Looking After Your Sexual Health | B Well Belfast \(hscni.net\)](#)

General Information: about HIV: [National AIDS Trust |](#)

Access to HIV testing & treatment: [HIV testing | Belfast Health & Social Care Trust website \(hscni.net\)](#)

HIV Awareness Training for Belfast HSC Trust Staff: [LearnHSCNI | HIV AWARENESS TRAINING](#)



**Lets end myths and misinformation and break the stigmas**

