

Staff Health & Wellbeing

November

The Health Improvement Team's vision is to improve, enhance and support the health and wellbeing of our staff by addressing their health experiences and outcomes. Click on the links for more information.

- [November Action for Happiness Calendar](#)
- [Mouth Cancer Awareness Month](#)
- [International Men's Day](#)
- [Survivors of Suicide Loss Day](#)
- [Isolation and Loneliness training](#)
- [28th Annual Regional Sexual Health Conference](#)
- [Stress Awareness Day](#)
- [20 Years of Young Life and Times Survey Event](#)
- [Lung Cancer Awareness Month](#)
- [Carers Support Service Activity Programme](#)
- [bWell Information Session](#)
- [HIV awareness sessions](#)
- [Maps to explore green spaces in East and West Belfast](#)
- [World Diabetes Day](#)
- [Let's Talk Carers - Dementia Navigators](#)

