

# Basic Parent Group Leader Training



## Accredited and Evidence Based

Facilitators will be trained to deliver on the Basic Parent programme (for parents of children aged 2–8); the School Readiness programme; and the Toddler Programme.

Workshop learning includes child-directed play and coaching skills; using positive reinforcement; establishing effective limits, rules and routines; how to ignore inappropriate behaviour; reducing aggression; problem solving; and promoting effective communication skills. Group therapy process skills such as empowering parents, collaborating, dealing with resistance, confronting and teaching, supporting and advocating for parents will all be included.



- Dates:** 14, 21 and 22 September 2023  
**Times:** 9.30am – 3.30pm  
**Venue:** Ramada By Wyndham, Talbot Street, Belfast City Centre  
**Cost:** £395 per person (includes workshop notes, resources and all hospitality)  
**Led by:** Maria McAleese, Incredible Years® (IY) Mentor NI  
**Contact:** mariamcaleese2@gmail.com Tel: 079 2002 2782

If you would like more information on funded training places with a commitment to deliver, please contact your local Child Development Interventions Coordinator  
**Email:** [marie.mcauley@belfasttrust.hscni.net](mailto:marie.mcauley@belfasttrust.hscni.net) **Tel:** 028 950 42473/ 07540311188

