



ALCOHOL AWARENESS



The Health Improvement Team in partnership with the Belfast Drug and Alcohol Coordination Team are offering staff support and guidance on a range of information. Staff can chat about alcohol, mental health and wellbeing in general and also access free wellbeing resources.

POP-UP ALCOHOL AWARENESS STANDS

- Thursday 14th September: 10am-1pm – Royal Hospital Canteen
- Tuesday 3rd of October: 10am-1pm – BCH D Floor
- Tuesday 10th of October: 10am-1pm – Royal Hospital Canteen

TAKE THE ONLINE ALCOHOL MOT TO UNDERSTAND YOUR DRINKING HABITS

For more information check out [bWell Alcohol and Other Drugs](#)

For more info contact Donna.Rooney@belfasttrust.hscni.net