



Specialist Breastfeeding Support Team

The Specialist Breastfeeding Support Team is available to offer **specialist** support to breastfeeding mothers who live in the Belfast Trust area.

If you are experiencing breastfeeding challenges at any stage of your breastfeeding journey you can access this support in one of the following ways

- Contact your Midwife (up to 28 days post-delivery) or Health Visitor
- Call the **Infant Feeding Team Helpline Tel: 028 9615 0005**
- Specialist support is available at the Virtual Breastfeeding Support group:
For information on this email specialistbfsupport@belfasttrust.hscni.net
- Mum to Mum Peer support is also available.
Contact Tel: 028 9615 0233 to linked with Peer Support Volunteer.