

**Celebrate Men's Health Week 2023 with the  
Belfast Men's Health Group ...**

**FREE** painting session for all abilities with  
Belfast artist

**PAUL WALLS**

**at RUA Belfast**

**ALL MATERIALS PROVIDED**

**Tuesday 13th June 2023, 10.00am - 1.00pm**

**Booking is essential**

**Follow this link:**

**<https://forms.office.com/e/SIFGfVDh3Q>**

**For more information**

**Telephone 07824 619359**

