



UP TO £1k, YOUR WAY!

Do you have an idea that you feel would have a positive impact on your community? Do you think this idea could be turned into a project and brought to life?

If so, look no further than **Move More and Eat Well – to feel better.**

WHAT IS Move More and Eat Well – to feel better?

It is a Participatory Budgeting initiative which means that local people get to decide how public funds are used to address needs in their area.

Groups can apply for **up to £1000** for a project they think will benefit their area – and best of all, it is the local residents who decide which projects should go ahead!

IS THERE A THEME FOR PROJECTS?

All project ideas must be based around Moving More and Eating Well.

Criteria

- Safe
- Legal
- Feasible within the timeframe and budget
- In keeping with the theme “Move more, eat well” one or both parts
- Benefit people within the Belfast City Council area
- Attendance at the Celebration Event in Autumn 2023 to share positive impact that has been achieved

WHO CAN APPLY?

- Both Constituted and non-constituted groups can apply
- Non-constituted groups will require a sponsor organisation (get in touch if you need help with this)
- Any groups of young people under the age of 18 will need a sponsor to support them through the process
- A maximum of two applications can be received from groups from within any one organisation
- Groups must contain a minimum of 2 or more people

WHAT DO I DO NEXT?

Come along to one of the information and support sessions in February to find out more - details will be available soon via Your Say Belfast <https://yoursay.belfastcity.gov.uk/hub-page/participatory-budgeting>

Stage 1: Complete a short application form to tell us about your project idea. Applications will open on Monday 06 February for 6 weeks and will close on Monday 20 March 2023 at 4pm.

Stage 2: Successful groups will be invited to a Market Stall Decision-Making Event in April 2023 where the community will vote for the projects they want to see happen.

To find out more about **‘Move More and Eat Well – to Feel Better’** get in touch with:

Active Belfast Team

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Local Area Co-ordination

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South: Forward South Partnership, Emily Brown
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**Making life better,
together**

supported by Belfast Health Development Unit

