

Infant Mental Health Lunchtime Learning

These Lunchtime Learning sessions aim to provide a space for shared learning, discussion and collaboration for those working to support babies, infants and their families.

Join us online to hear from services on how they are supporting positive infant mental health. Each session lasts one hour, with a short presentation and time for discussion and questions.



**31 August
12-1**

The psychoanalytic observational approach to working with infants and families
Tavistock M7/M9 course leads

[Click here to register](#)

**28
September
12-1**

Helping families meet the psychological challenges of the Neonatal Unit
Northern Health and Social Care Trust

[Click here to register](#)

**26
October
12-1**

Breaking the stigma around maternal mental health
Maternal Advocacy and Support Project

[Click here to register](#)

**30
November
12-1**

Infant mental health awareness raising and prevention through Mood Matters parent and baby programme
AWARE

[Click here to register](#)

If you are interested in presenting your work at a future session, please email Claire Dorris cdorris@ncb.org.uk for more information.