



“Five to Thrive is an easy approach which everyone can adapt into their interactions with others. As we nurture our parents they in turn nurture their babies forming wonderful reciprocal relationships”

Zoley Barber, Parent Support Specialist, SIGNETS Belfast

Five to Thrive Training Opportunity

Five to Thrive is a simple means of describing the process of attachment to those caring for babies and young children.



Who is the training for?

Anyone working with parents, carers, babies or young children.

Learning pathways ensure that practitioners fully understand and are confident in using five to thrive in their work.

The training aims to enable practitioners to support:

- ✓ Secure attachment & attunement
- ✓ Positive feedback processes
- ✓ and reinforce positive interaction between parents and their children

Training Dates (Online via Zoom)

Day 1- 22nd Feb 2022 10am-11:30am

Day 2- 29th March 2022 10am-12:30pm

To register: Please click [here](#)