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| **ACTIVITY** | **LOCATION** | **TIME** | **INSTRUCTOR** | **START DATE** | **END DATE** |
| **Boxing**Max 12 | St Agnes Boxing Club | 5.15-6.30 pm11 WEEKS | Jimmy McGrath | Monday17 January | Monday4 April |
| Beginners **Guitar** Max 7 | ZOOM | 5.45-6.20 pm11 WEEKS | Brendan Popplestone | Monday17 January | Monday4 April |
| Improvers **Guitar** Max 7 | ZOOM | 6.30-7.05 pm11 WEEKS | Brendan Popplestone | Monday17 January | Monday4 April |
| **Pilates**Max 14 | ZOOM | 6.30-7.30 pm11 WEEKS | Lisa Maxwell | Monday17 January | Monday4 April |
| **Yoga**Max 14 | ZOOM | 7.30-8.30 pm10 WEEKS | Brenda Cafolla | Monday17 January | Monday4 April |
| **Pilates**Max 14 | ZOOM | 7.15-8.15 pm11 WEEKS | Linda Fennell | Monday17 January | Monday4 April |
| **Physio-assistant led Pilates**Max 12 | ZOOM | 7.30-8.30 pm11 WEEKS | Elaine MacFarlane | Monday17 January | Monday4 April |
| **Physio-led Pilates****Beginners**Max 12 | ZOOM | 7.00-8.00 pm 11 WEEKS | Jean Byrne | Monday17 January | Monday4 April |
| **Physio-led Pilates****Improvers**Max 12 | ZOOM | 8.15-9.15 pm 11 WEEKS | Jean Byrne | Monday17 January | Monday4 April |
| **Football**Max 15 | Grosvenor Recreation Centre  | 5.00-6.00 pm12 WEEKS | [Derek and Tony H4U] | Tuesday11 January | Tuesday5 April |
| **Pilates**Max 14 | ZOOM | 5.30-6.30 pm11 WEEKS | Fionnuala Keohane | Tuesday18 January | Tuesday5 April |
| **Pilates**Max 14 | ZOOM | 8.00-9.00 pm11 WEEKS | Linda Fennell | Tuesday18 January | Tuesday5 April |
| **Choir**No limit | ZOOM | 6.45-8.00 pm 11 WEEKS | Keith Acheson | Tuesday18 January | Tuesday5 April |
| **Zumba**No limit | ZOOM  | 5.45-6.45 pm11 WEEKS | Maura Ward  | Tuesday18 January | Tuesday5 April |
| **Basic Spanish**Max 15  | ZOOM | 6.30-7.30 pm9 WEEKS | Jemma Mulligan | Tuesday18 January | Tuesday15 March |
| **Watercolour Painting**Max 15 | ZOOM | 7.00-8.30 pm10 WEEKS | Beverley Healy NB: Commitment to attend is essential. A materials pack will be sent to you which MUST be returned in the event of non-attendance. | Tuesday25 January | Tuesday5 April |

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| **ACTIVITY** | **LOCATION** | **TIME** | **INSTRUCTOR** | **START DATE** | **END DATE** |
| **Beginners Photography**Max 20 | ZOOM | 7.00-8.00 pm6 WEEKS | Carrie DavenportHave your digital camera charged! | Wednesday9 February | Wednesday16 March |
| **Yoga**Max 14 | ZOOM | 7.00-8.00 pm11 WEEKS | Patricia Gormley | Wednesday19 January | Wednesday6 April |
| **Physio Assistant-led Pilates**Max 12 | ZOOM | 6.30-7.30 pm11 WEEKS | Elaine MacFarlane | Wednesday19 January | Wednesday6 April |
| **Physio-led Pilates Intermediate**Max 12 | ZOOM | 7.00-8.00 pm11 WEEKS | Grainne McCavery | Wednesday19 January | Wednesday6 April |
| **Physio-led Pilates****Beginners**Max 12 | ZOOM | 8:15-9:15 pm11 WEEKS | Grainne McCavery | Wednesday19 January | Wednesday6 April |
| **Boxercise**Max 12 | St Agnes Boxing Club | 5.15-6.30 pm11 WEEKS | Jimmy McGrath | Wednesday19 January | Wednesday6 April |
| **Football**Max 15 | Grosvenor Recreation Centre | 5.00-6.00 pm12 WEEKS | [Derek and Tony H4U] | Thursday13 January**(TBD: 17 MAR – ST PATRICK’S)**  | Thursday7 April |
| **Zumba**No limit | ZOOM  | 5.45-6.45 pm10 WEEKS | Maura Ward | Thursday20 January**17 MAR – ST PATRICK’S DAY NO CLASS** | Thursday7 April |
| **Pilates**Max 14 | ZOOM | 7.00-8.00 pm10 WEEKS | Lisa Maxwell | Thursday20 January**17 MAR – ST PATRICK’S DAY NO CLASS** | Thursday7 April |
| **Yoga**Max 14 | ZOOM | 6.15-7.15 pm10 WEEKS | Nicki Fulcher | Thursday20 January**17 MAR – ST PATRICK’S DAY NO CLASS** | Thursday7 April |
| **Yoga**Max 14 | ZOOM | 7.30-8.30 pm10 WEEKS | Nicki Fulcher | Thursday20 January**17 MAR – ST PATRICK’S DAY NO CLASS** | Thursday 7 April |
| **Pilates**Max 14 | ZOOM | 8.30-9.30 pm10 WEEKS | Fionnuala Keohane | Thursday20 January**17 MAR – ST PATRICK’S DAY NO CLASS** | Thursday7 April |

**ONE-OFF ACTIVITY:**

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| **ACTIVITY** | **LOCATION** | **TIME** | **INSTRUCTOR** | **DATE** |
| **Online Macrame**Max 12  | ZOOM | 7.30-8.30 pm | Claire Dunwoody | Thursday 10 February |