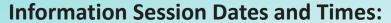


Do you want to support your health and wellbeing and find out where to access supportive resources?

## Why not join an information session

To register please email: health.improvement@belfasttrust.hscni.net



- Wednesday 12<sup>th</sup> January 12pm-12.30pm
- Friday 4<sup>th</sup> February 10.30am-11am
- Thursday 10<sup>th</sup> March 2pm-2.30pm