



*Do you want to support
your health and wellbeing
and find out where to access
supportive resources?*

Why not join an information session

To register please email:

health.improvement@belfasttrust.hscni.net

Information Session Dates and Times:

- Wednesday 12th January 12pm-12.30pm
- Friday 4th February 10.30am-11am
- Thursday 10th March 2pm-2.30pm

