

Benefits of Membership

- Unlimited use of Vitality Gym
- Unlimited use of Vitality Health Suite Spa Facility featuring Spa Pool, Steam Room, Sauna & Plunge Pool
- Complimentary use of Competition & Diving Pools during Public Swim Sessions.
- Free place in approximately 50 weekly exercise / relaxation classes including group cycling, Pilates and circuit training, yoga and more. Classes may be booked in advance by ringing 028 9267 2121 by visiting the main reception desk or online at www.leisureplexonline.com/onlinebooking.
- Facility to make telephone booking for activities like football, badminton, netball, squash etc. (All racket sports are free to gym members)

Cost of Membership - The monthly direct debit cost of your membership will depend on the numbers from your organisation who take out memberships - a minimum of 30 members is required for a corporate discount package.

- Numbers of corporate memberships from any participating group will be reviewed every 3 months. This may lead to a reduction or increase in monthly payments, depending on numbers enrolled at this time.

Current Corporate Membership Rates for South Eastern HSC Trust employees:

Monthly Direct Debit Costs

Individual Corporate membership	£23.45 per month
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- All persons taking up membership must complete an induction session before commencing their training programme. This does not apply to existing users of Vitality Health and Fitness.
- Prices will be reviewed on an annual basis.
- For further information on membership packages contact
E: stewart.wray@lisburncastlereagh.gov.uk T: 028 9244 8066