**Join BHSCT during September 2021 in the Active Travel Challenge**

**(Registration open from August 2021)**

**NI public encouraged to sign-up to Active Travel Challenge**

People across Northern Ireland are being urged to leave the car at home this September and sign-up to the Active Travel Challenge, for a healthier and more environmentally friendly commute.

This year the challenge is asking people to reconsider how they travel for everyday journeys and not just in relation to work, as well as placing an emphasis on the importance of staying active if working from home. The joint initiative has been championed by Translink, the Department for Infrastructure, Public Health Agency, Sustrans, Belfast Health and Social Care Trust, and Belfast City Council, to get people across NI to choose sustainable modes of travel for their daily journeys, be that walking, cycling or using public transport.

Challenge registration is free, and participants can log their ‘active travel’ journeys online throughout September, with a different theme each week of the month and a range of prizes and incentives up for grabs, including shopping vouchers and Translink tickets.

You can also join as part of Belfast Trust Team, just click on the organisation drop down .

**Find out more about signing-up to the Active Travel Challenge by visiting** [**https://atc.getmeactive.org.uk/**](https://protect-eu.mimecast.com/s/dEhyC1rWVIL1XYhLeilH?domain=atc.getmeactive.org.uk/) **or email** [**challenge@sustrans.org.uk**](mailto:challenge@sustrans.org.uk)**.** Keep up-to-date with all the latest ATC action on social media using #GetMeActiveNI.

