



USEFUL CONTACTS

YOUR LINE MANAGER SHOULD BE YOUR FIRST POINT OF CONTACT

Occupational Health Service (Staff Only)

Covid-19 Advice Line: (028) 90630010
Queries relating to the personal health of your or your staff

Help Desk: (028) 95040401
Urgent enquiries only

Psychological Support Helpline (Staff Only)

Helpline: (028) 96151888
Supporting the psychological wellbeing of staff during Covid-19

Pregnancy Covid-19 Advice Line

Maternity Service Information Line: (028) 96151173
Advice for pregnant women and pregnant staff
Advice for managers undertaking risk assessments

HR Helpline (Staff Only)

General Enquiries: (028) 96159615
Employment Enquiries:
AskHRCOVID19@belfasttrust.hscni.net

Support for Parents Parenting NI

www.parentingni.org/

Relationship & Family Counselling

<http://www.relateni.org/>

Domestic Abuse

BHSCT Domestic & Sexual Abuse & Violence Helpline for Staff Tel: 028 95048667

NI Domestic & Sexual Abuse Helpline Tel: 0808 8021414

Financial Support

bwellbelfast.hscni.net/b-financially-well/

Bereavement Heather Russell,

Bereavement Coordinator

heather.russell@belfasttrust.hscni.net

Tel: 028 96155473

Belfast Recovery College

belfasttrust.hscni.net/service/belfast-recovery-college/

Chaplaincy Service Tel: 028 96150182 or 028 96150183

Trade Unions Tel: 02896156340

Ray Rafferty, Staff Side Chair Tel: 02896156160

INDIVIDUAL PSYCHOLOGICAL SUPPORT

Psychological Wellbeing Support Phonenumber:

028 9615 1888

Individual Counselling Support Self Referral Phonenumber:

08007313674

Staff Care: 0800 731367

