

Relationships Matter

Get Help Now

Relationship
Counselling

Separation
Counselling

Family
Counselling

Individual
Counselling

Sex
Therapy

Young People
Counselling

Relate NI are a relationship and counselling charity, which has operated across NI for more than 70 years. We offer a range of services both in person or over the phone/webcam.

We currently have funding from the National Lottery as well as the Community Foundation Grant to provide fully funded counselling sessions for key workers, such as yourself.

The impact of the coronavirus and lockdown conditions has created the perfect storm of stress factors on relationships, especially for those working on the front lines and within the health sector.

If you think that professional counselling services may help you or your colleagues manage your relationships or general health & wellbeing as we move to the next phase of the pandemic, please feel free to contact us to avail of these fully funded, professional counselling services.

You can call our appointment line between 9-5 Monday-Friday on 02890 323454 or fill in an enquiry form on [our website](#) and mention that you are a key worker, and we will get back to you to invite you for an initial assessment.

For more information on Relate NI visit our website, <http://www.relateni.org/>



relate ni
the relationship people



85% of respondents said that they wished they had attended Relate NI sooner*

*Relate NI's 2018/2019 Evaluation Survey

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