



# Autumn Walks

## Wednesdays

	VENUE	TIME	MEETING POINT
Wednesday 3 November	Bog Meadows West Belfast	12.30 – 1pm	Outside Main Doors RVH Elliott Dynes
Wednesday 10 November	Waterworks North Belfast	12.30 – 1pm	Side Gate
Wednesday 17 November	Botanic Gardens South Belfast	12.30 – 1pm	Outside Main Doors BCH Cancer Centre
Wednesday 24 November	Musgrave Park West Belfast	12.30 – 1pm	Hospital Entrance Gates McKinney House

## Saturdays

	VENUE	TIME	MEETING POINT
Saturday 6 November	Stormont Park East Belfast	11am – 12pm	Main Gates
Saturday 13 November	Victoria Park East Belfast	11am – 12pm	Main Car Park
Saturday 20 November	Shaw's Bridge South Belfast	11am – 12pm	Barnett Demesne Main Car Park
Saturday 27 November	Ligionel Dam North Belfast	11am – 12pm	Everton Car Park

To register please email:  
[health.improvement@belfasttrust.hscni.net](mailto:health.improvement@belfasttrust.hscni.net)